



THEA AND THE HUMAN EXPERIENCE

A NOVEL BY HOLLY ANNE MITCHELL

SYNOPSIS

When **Thea** leaves the spiritual world to enter a human body, she is granted an inimitable gift and tasked with a mission: to use the gift to save human consciousness before the next generation is annihilated by a virus which attacks the soul.

Born in the not-too-distant dystopian future of former Baja, Mexico, **Thea** lives a sheltered and privileged life as a member of one of the founding families in the new country of Hialeah. A virus has swept the planet killing cats, dogs, and children under the age of 7. **Thea's** mother **Tala** discovered a cure for the virus before dying during childbirth. **Tala** communicates to **Thea** from beyond the grave through automatic sleep writing—she takes possession of **Thea's** hand to write journal entries while **Thea** is unconscious. These entries provide a map of the past, and a path for preserving the next generation's souls.

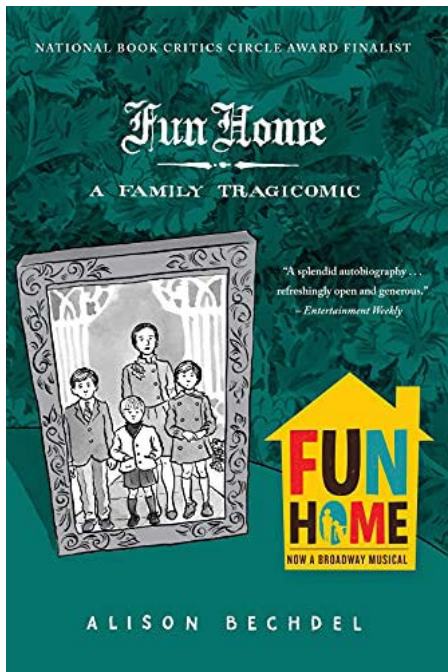
Thea leaves home at age 19 after the traumatic near death of her boyfriend Ivan, trading the spotlight for anonymity and anarchy against her family's political regime. Now at 26, **Thea's** grandfather **Cyrus** is assassinated, and she returns home to find herself under house arrest with her estranged and fallen family. Cynthia "**Keena**" Keener, the brutal warden and survivor of the virus, moves in, to babysit the

political prisoners until their execution. **Thea** comes up with a plan: seduce and kill **Keena**, then help her family escape.

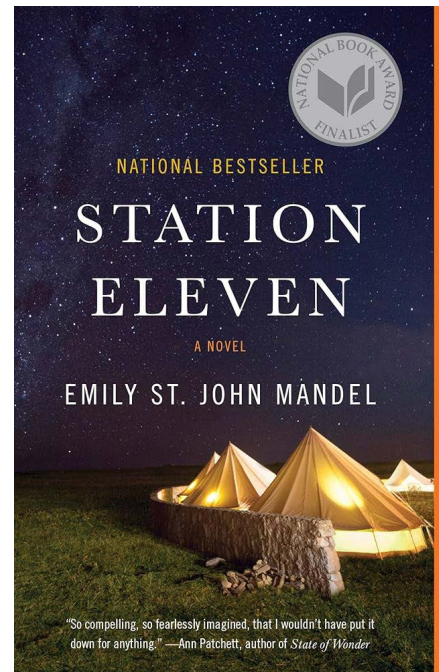
Thea channels her anxiety into her writing, while plotting a prison break with a disgraced scientist father, a spiteful and superstitious grandmother, a self-destructive maudlin little brother, a saccharine stepmom with a sickening secret, and consults the ghost of a mother she never met for guidance.

COMPARABLES

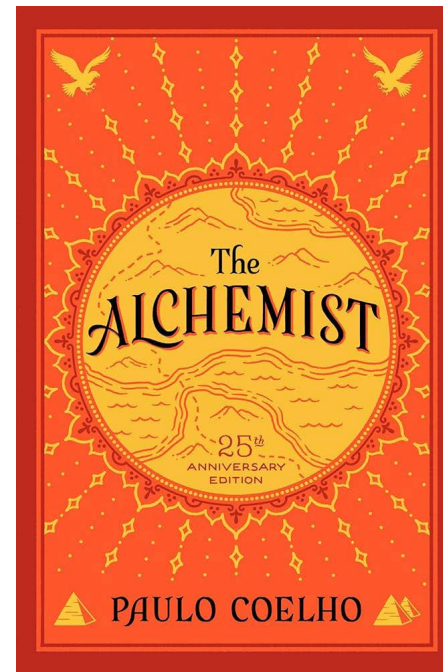
A sexy, dystopian, spirituality novel
A female David Lynch meets Paolo Coehlo



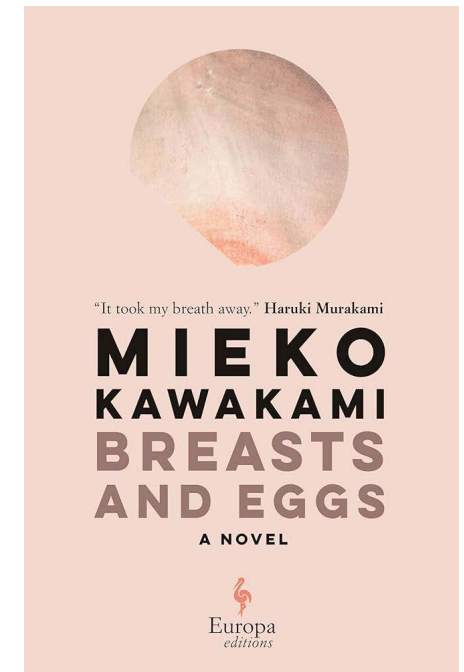
The complex family dynamics of *Fun Home*



The dystopian view of *Station 11*



The spiritual journey of *The Alchemist*



The feminism and musicality of *Breast and Eggs*

ORIGIN OF THE STORY

"This book has been a part of my recovery from PTSD. In August of 2022, my partner Evan and I were on vacation in Mexico, and he died in my arms. The aftermath was a journey to hell. I wrote my way out. My character Thea has a similar transformation, in her own way."

Holly Anne Mitchell

GENRE

Speculative Fiction

WORD COUNT

69,000

FRANCHISE POTENTIAL

Yes, cinema or series.

Fans of:

- The Handmaid's Tale
- The Dropout
- Station 11

AUDIENCE

Intellectual, spiritual, and creative seekers. TED talk watchers who have done mushrooms.



ABOUT THE AUTHOR

Artist. Two-time TEDx talker. Singer-Songwriter. Entrepreneur. Novelist-Playwright. Ghostwriter. Mental Health Advocate. A no-holds barred journey of transformation and recovery from PTSD, Holly's story is a raw and honest testament to the power of creative resilience. Forged from the heartache of personal trauma, she's spun her pain into a wealth of creative prowess, shattering societal norms, and challenging the idea of 'spiritual bypassing.'

After graduating with honors from NYU's Tisch School of the Arts, Holly took a break from performing to become the founder, co-founder, and strategic advisor of ten entrepreneurial businesses in the dental industry. Now, she's redefining what it means to be an artist and thought leader.

Holly's writing process combines self-hypnosis with carefully crafted wordsmithing to ignite the senses and

the soul through their musical cadence. Holly wrote, produced, and starred in her debut musical BLOOD SUPPLY: A ZOMBIE APOCALYPSE LOVE STORY premiering in Los Angeles January 2023 to stellar reviews. She releases music under the artist name HOLLY HOLLOWES and resides in Los Angeles, CA.



CONTACT



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